



VOLUME XXXVIV
March 2015

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2015 Event Schedule

Date	Event	Location	Contact
4/18/2015, 6 p.m.	Annual Business Meeting	Gethsemene Lutheran Church	Jenny Berens
5/16/2015, 5-7 p.m.	Syttende Mai	Immanuel Baptist Church Picnic Shelter	Jenny Berens
6/20/2015, 5 p.m.	Midsommar	Anne Keating's Home	Anne Keating
10/24/2015, 6:30 p.m.	Fall Banquet	Spindletop Hall	Jenny Berens
12/6/2015, 3-5 p.m.	Lucia Rehearsal	Gethsemene Lutheran Church	Jenny Berens
12/12/2015, 7 p.m.	Lucia	Gethsemene Lutheran Church	Jenny Berens

Events in 2015

Gott Nytt Ar! I hope everyone enjoyed the Christmas and New Year holidays, stayed well and had safe travels. Now we are looking forward to a new year of SHSKY gatherings. The dates are set as follows:

Business meeting with a Danish twist: April 18, 2015, at Gethsemene Lutheran Church from 6pm to 9 pm. Participants are invited to bring a selection of open faced sandwiches and desserts.

Syttende Mai celebration on Saturday, May 16, 2015, at Immanuel Baptist Church picnic shelter from 5pm until 7 p.m.

Midsommar will be held at Anne Keating's home on Saturday, June 20, 2015 at 5:00 p.m.

The Fall Banquet at Spindletop Hall will be Saturday, October 24 at 6:30.

Sunday, December 6, 2015, at Gethsemene Lutheran Church for Lucia practice from 3 until 6 pm.

Luciafest on December 12, 2015, at Gethsemene Lutheran Church



If members have other suggestions, the board would be glad to hear them. Perhaps a crayfish festival in August? We might join the cajun one that takes place each year at the Red Mile. Just a thought.

Lucia 2014

By Jenny Berens

On December 13th, 2014, a large group of SHSKY members and friends gathered to celebrate Lucia. It was a relatively warm and dry day, so people were happy to come out to partake in the celebration.

We had a noticeable generation shift among the procession participants this year, with representatives not only from the Scandinavian countries, but also from the rest of the world. Emma Sophie Pousette was Lucia. She is one of the veterans, since she has been in the procession since she was born. Layla Angeles Plakosh and her younger brother Isaac are also young veterans, just as **Ryan Cooley and Emma Sophia's younger brother, Christian**. New participants this year were Signe and Edia Ingram, Jill Peterson, and Elka Yip.

The adult back-up choir consisted of Lucia directors Jenny Berens and Kristie Eubank, together with Kathy and Glenn Blomquist, Jaci Williams and, Judy Moffett.

Fall Banquet 2014

By Jenny Berens

In October, the Fall Harvest Festival Dinner at Spindletop was great fun. I hope everyone enjoyed the menu.

Thomas Hakasson treated us to a wonderful talk about Skane, the southern-most province of Sweden. It is a prosperous agricultural area with a rich history and many beautiful castles, churches, rune stones and other sites of interest. To drive by fields of crimson poppies and brilliant yellow rape seed with my cousin one summer is a sight I will never forget. The fields had no fences, and as we followed the meandering roads, I felt that I was in a painting by Monet (or Carl Larsson).



Lucia 2014

By Jenny Berens



Thanks to all of you who participated in the Lucia procession, and to everyone who came to enjoy the songs, the traditions and the Scandinavian delicacies after the concert.

SHSKY would also like to extend an extra thanks to Treasurer Asmund Vego, who narrated and Jill's mother, Kelly Peterson, who accompanied on the organ.

Extra thanks also go to Jaci Williams, who has quickly become our SHSKY resident Gethsemane Lutheran Church hostess, and to Kristie Eubank, who set up the entire banquet area for the delicious potluck dinner.

Recipes Inspired by Laskiainen

By Anne Keating

In honor of the wonderful Laskiainen celebration that we just had, a recipe follows for Karelian Hot Pot, the national Dish of Finland. According to a wonderful website called "About Food," in 1939 and 1944 when Russia invaded Finland, all of the Karelian people left the eastern area for shelter with Finns who lived west of the new boundary. This resulted in a sharing of many recipes from the east with the rest of the country.

Karelian Hot Pot

Prep. Time, 20 minutes; cook time, 370

minutes

- 1 Pound of beef stew meat, chopped into 1 inch pieces
- 1 pound of pork stew meat, chopped into 1 inch pieces
- 1 pound of lamb stew meat, chopped into 1 inch pieces
- 1 Tablespoon of olive oil
- 2 large onions, peeled and sliced
- 1 teaspoon salt
- 2 teaspoons of peppercorns
- 3 while allspice
- 2 bay leaves
- 3 cups of water

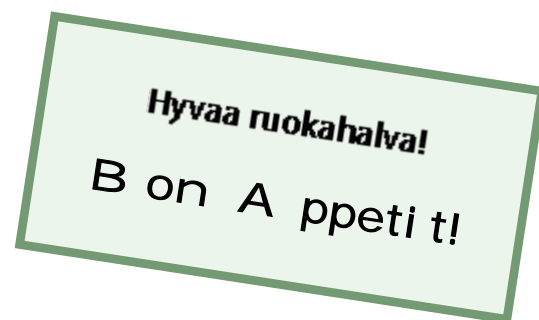
Brown the meat on all sides in the olive oil, over medium high heat. Place half of the sliced onions in the bottom of a crock pot, cover with ½ of the meat, and sprinkle with ½ of the salt, peppercorns, allspice and a bay leaf. Repeat layers. Pour in 2 cups of water, cover and heat on low for for 6-8 hours.

This is often served with mashed potatoes and cranberry or lingonberry preserves on the side. Perhaps more traditional to Laskiaian, is this dish, which is a a Finnish Oven Pancake that eliminates the need to prepare one pancake at a time!

Pannukakku

Ingredients:

- 6 eggs
- 1 ½ C milk
- ¼ C sugar (optional)
- 1 T vanilla sugar or vanilla extract
- 1/8 teaspoon grated lemon zest
- 1 ½ C flour
- 1 teaspoon salt
- 1 teaspoon baking powder
- 1/23 C butter
- 1 C cream, whipped to stiff peaks
- fresh fruit, fruit compote or sauteed apples



Whisk together eggs, milk, sugar and vanilla sugar (or vanilla extract) until creamy. Stir in grated lemon zest. Sift together the flour, salt and baking powder and stir into egg mixture. Allow batter to rest 30 minutes. Preheat oven to 450 degrees. When batter has rested, place butter in oven-proof frying pan. Place in oven to melt the butter without letting it brown. Then take pan out of oven and use pastry brush to coat surface and side of pan evenly. Pour in the pancake batter and return pan to oven. Bake 15 minutes or until puffed and golden. Serve with whipped cream and fruit. Serves 5-6

Laskiainen 2015

By Jenny Berens

On February 28th at 5 o'clock earlier this year, a smaller group of SHSKY members gathered to celebrate Finnish Lent. We were around a dozen brave souls getting out in the chilly winds so that we could share Scandinavian dishes, there among the traditional Finnish pea-soup and the Scandinavian traditional almond paste filled semla. A long-table was set up so that all of us could sit together and it was a very nice social event, reminding us all of the traditional way the Vikings used to gather to celebrations back in the old days.

But lo and behold, at 7 PM a new group of members joined us and the party grew to around 25 people. It shows up that once again, someone (yours truly) had managed to schedule a SHSKY event on the same day and time as a UK basketball game. The new participants brought with them some fresh energy and additional goodies, so everything worked out quite well.

It was a very nice evening for all of us.

Once again, SHSKY would like to extend thanks to Jaci Williams for helping us book the location and set up the dining area before the event.

Printable Event Schedule for 2015 — Hang on your fridge!

SHSKY Events 2015

Laskiainen:

Potluck on Saturday, February 28th at 6PM

Gethsemane Lutheran Church

April Business Meeting:

Potluck on Saturday, April 18th at 6PM

Gethsemane Lutheran Church

17 Mai Picnic:

Bring your own dinner and a dessert to share on Saturday, May 16th at 5 PM

Immanuel Baptist Church Picnic Shelter

Midsommar:

Potluck on Saturday, June 20th at 5PM

Anne Keating's backyard

Fall Banquet:

Saturday, October 24th at 6:30PM

Spindletop Hall

Lucia Rehearsal

Sunday, December 6th from 3PM to 5PM

Refreshments will be provided.

Lucia Event

Potluck on Saturday, December 12th

Rehearsal: 5PM

Celebration begins at 7PM

Gethsemane Lutheran Church

Addresses:

- Gethsemane Lutheran Church, 2185 Garden Springs Dr, Lexington, KY 40504
- Immanuel Baptist Church, 3100 Tates Creek Rd, Lexington, KY 40502
- Spindletop Hall, 3414 Iron Works Pike, Lexington, KY

For more information:

- Go to our website: SHSKY.org and make sure to sign up for the newsletter
- Like us on Facebook

We hope to see you all many times in 2015!

April Business Meeting

By Jenny Berens

It will very soon be time for our Business Meeting on April 18th. This will be a big meeting, since the entire board is retiring, with the exception of Kristie Eubank, who will leave the Vice President position but has been slated as our new President.

We need the following:

Vice President

Secretary

Treasurer

An election term runs over two years and you can only be reelected once, so it is a four-year commitment at the most. We have sent some feelers out there, but so far we have had limited luck.

If you are interested in serving in our society, please contact the board as soon as possible: Jenny Berens, 859-321-0167 or jenny.hilding@gmail.com.

We will meet at Gethsemane Lutheran church, 2185 Garden Springs Dr in Lexington, at 6PM. The meeting will be followed by a potluck dinner, so please bring a covered dish to share.

Famous Swedish American Contributions to Society

By Anne Keating

You might want to try your hand in matching names of Swedish Americans with their contributions to our society. The answers may be found in an article by Norhan Elhakeem in The Local, a Swedish newspaper (also available for the other Nordic countries in English) on January 23, 2015.

Alexander Samuel

Congressman and creator of Juniper Ale

Eric Wickman

Hotel chains

(Marlis Jerk in Sweden)

John (formerly Johan)

Fine-tuned the invention of the zipper so that it was functional

W. Nordstrom

Mary Anderson

Head of Women's Bureau of Ministry of Labour under Pres. Roosevelt for 20 years

Frederik Lindeen

Greyhound Lines

Charles R. Walgreen

Helped to design the first coca cola bottle

Curt Carlsson

Department Store

Hint: We had one in Lexington

Andrew Lanquist

Put Tiffany's back on the map

Peter Aron Aronsson

Built skyscrapers in Chicago

and Gideon Sunback

Walter Hoving

Chain of Pharmacies

Hint: We have one In Lexington

The answers will be in the next newsletter.